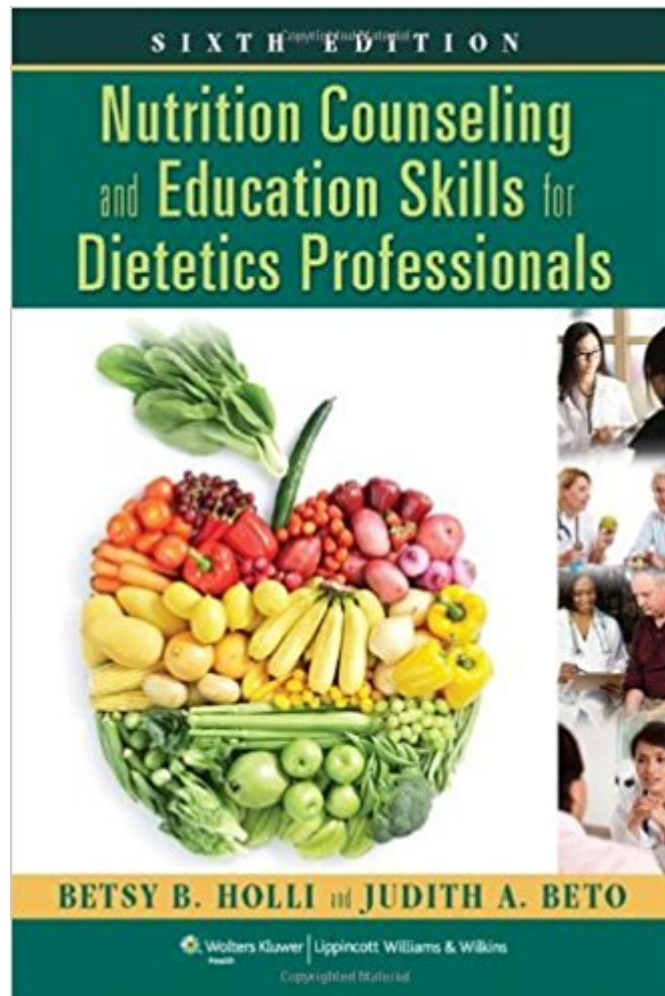


The book was found

Nutrition Counseling And Education Skills For Dietetics Professionals



Synopsis

The text covers communications, counseling, interviewing, motivating clients, delivering oral presentations and using media in presentations. Communication is basic to the relationship that the Registered Dietitian (RD) professional has with their clients. The Academy of Nutrition and Dietetics recognizes the importance of communication skills for practitioners to promote health, disease prevention and treatment. Providing people with information on what to eat is not enough, the RD must also promote and facilitate behavior changes to more healthful food choices. The text incorporates the Nutrition Care Process (NCP) and model, including four steps of nutrition assessment, nutrition diagnosis using PES statement (Problem, Etiology and Signs/Symptoms), nutrition intervention, and nutrition monitoring and evaluation. The PES statements are the most critical in that the Academy of Nutrition and Dietetics has been stressing this as an essential component of their standards and requirements. The text uses activities, case studies, self assessment questions, web references and graphics to engage the student and drive the content home.

Judith A Beto, PhD, RD, FADA is the lead author. The Nutrition Care Process is now included in chapter 1 for those who wish to include it in the case studies. The Appendices contain the standardized language for the Nutrition Care Process from the International Dietetics & Nutrition Terminology (IDNT) Reference Manual. There is one case study per chapter with others available on thePoint. Motivation is integrated into appropriate chapters rather than a separate chapter. The cultural and life cycle chapters are expanded based on market feedback. Chapter content and references are updated.

Dedication
Preface
Chapter 1 Guides for Nutrition and Dietetics Practice
Chapter 2 Communication
Chapter 3 Interviewing
Chapter 4 Person-Centered

Counseling Chapter
5 Stages and Processes of Health Behavior Change Chapter
6 Counseling for Behavior
Modification Chapter
7 Counseling for Cognitive Change Chapter
8 Counseling Through the Life-Span Chapter
9 Communication and Cultural
Diversity Chapter
10 Principles and Theories of Learning Chapter
11 Planning Learning Chapter
12 Implementing and Evaluating
Learning Chapter
13 Group Facilitation and Dynamics Chapter
14 Effective Oral Presentations Chapter
15 Using Instructional Media Appendix
A: Nutrition Assessment and Monitoring and Evaluation Terminology Appendix
B: Nutrition Diagnostic Terminology Appendix C: Nutrition Intervention
Terminology Index

Book Information

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Customer Reviews

I read the first chapter for my Nutrition Intervention I class, and I have to say I liked the style of writing. The questions at the end of the chapter are a great way to identify the key components too.

Not what I was looking for. Would have liked more info for patients and sample handouts, meal planning etc. Sent back.

Loved it...

Great read! Essential to all future dietetics professionals.

Needed it for class and gets the job done. It definitely has some useful information that I'll always be able to refer back to.

Saved me a ton during my work as a nutrition educator!

Do not know how it ranks until My class is over

Good condition

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Crisis Counseling (Creative Pastoral Care and Counseling) (Creative Pastoral Care & Counseling)
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Nutritional Care of Preterm Infants: Scientific Basis and Practical Guidelines (World Review of
Nutrition and Dietetics, Vol. 110) International Dietetics and Nutritional Terminology (Idnt) Reference
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